

Healthy Snacks and Fundraisers FAQs

What are the new state and federal guidelines?

New federal and state regulations restrict the sale of food to students on campuses during the school day to only those items that meet nutritional guidelines. Donuts, cookies, cakes, soda, energy drinks, candy, churros, ice cream and chips generally do not meet these guidelines, due to their high calorie content.

Do these regulations apply to football games and parent-sponsored spaghetti dinners?

The regulations apply to food sold and served to students before school, during the school day and until 30 minutes after the conclusion of any expanded learning program for EK - 8th grade schools. However, concessions sold at a sporting events may begin 30 minutes after the sch

Do these rules apply to food-based fundraisers for the school or for clubs?

The regulations apply to food sold and served to students before school, during the school day and until 30 minutes after the conclusion of any extended learning program for EK - 8th grade schools.

These regulations apply to food sold and served to students before school, during the school day and until 30 minutes after the conclusion of the standard school day for 9-12th grade schools.

What kinds of food can be sold or served to students?

Food that can be sold or served must meet certain nutritional guidelines.

school food calculator found here: <http://www.scusd.edu/pod/smart-snacks-schools-food-standards-calculators>

Can our high school clubs sell homemade snacks and goodies to

Can food be used for instructional purposes?

Food can be sampled if it is part of the curriculum, learning outcomes, and syllabus of a course for pedagogical purposes. For example, a culinary course, language course, or ethnic studies may serve relevant foods as appropriate.

How will the government and district know if we're out of compliance?

California Department of Education will conduct unannounced audits and will examine food sales on campus. In addition CDE responds to community complaints. Sites identified during an administrative review or reported will be required to develop a written corrective action for CDE. Forthcoming administrative regulations will also seek to address compliance.

Can my school ask for exemptions from these requirements?

No. California does not allow for exempted fundraisers.

What's the consequence for noncompliance?

The federal government can withhold funding from the reimbursement Nutrition Services receives for student meals.

Why is the government so interested in school food sales?

Childhood obesity is a real problem in America that, if not addressed, will lead to shorter lives spans and add to accelerating costs for health care. Healthier food choices have been shown to lead to higher attention levels and academic achievement. The intent of the regulations is to encourage fundraising groups to seek out healthy alternatives to unhealthy food sales, such as jog-a-thons, carwashes, T-shirt sales, e-waste recycling drives, etc.

Where can I learn more?

Visit <http://www.scusd.edu/>